

NMPAT

Inspire • Nurture • Excel

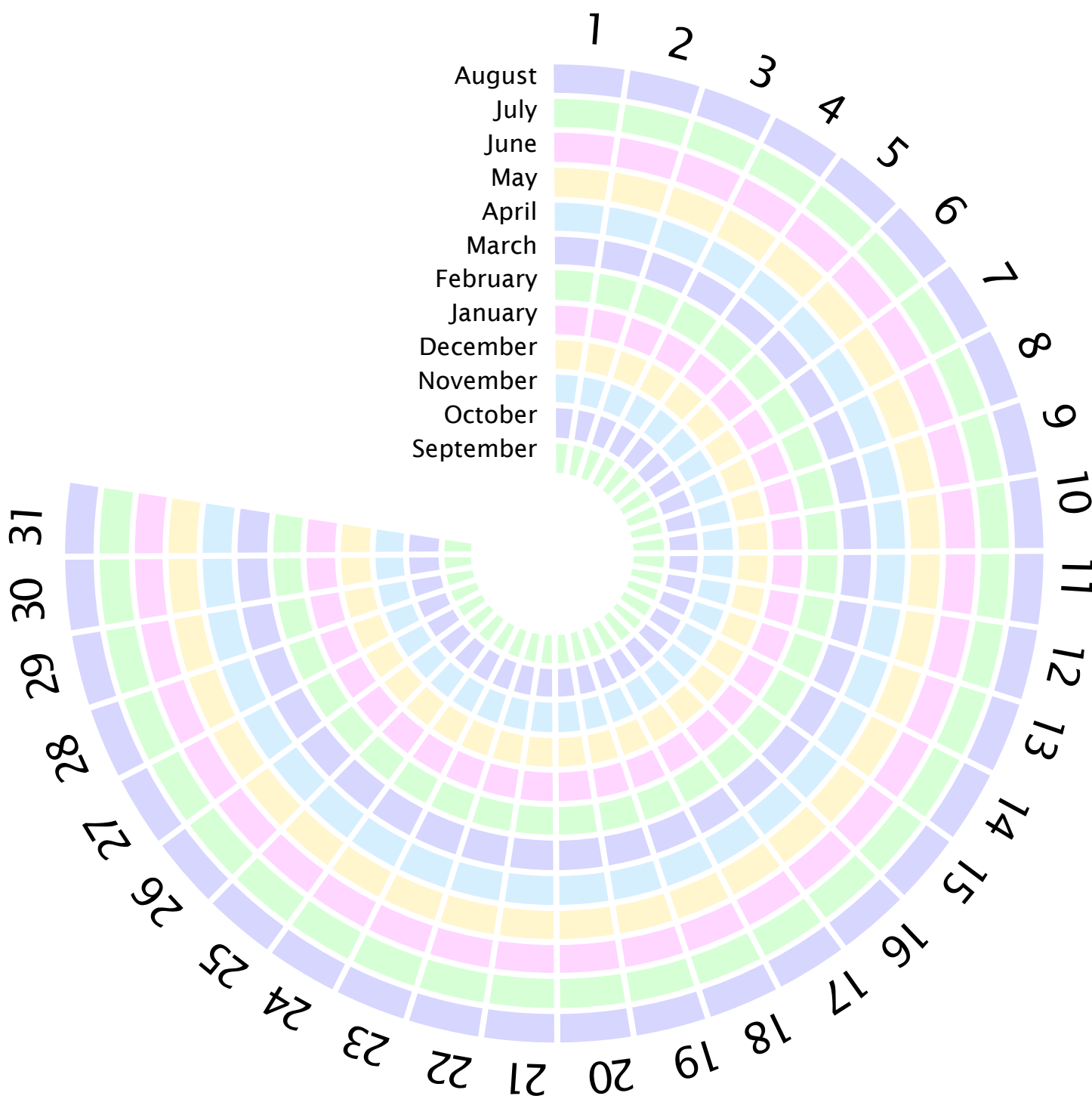
How to use your habit tracker...

Mark all the days that you practice with a dot •

Mark all the days that you perform with a star ★

Mark all the days you make music with other people with a smiley face ☺

Mark all the days you researched or listened to music with some notes 🎵



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